

ST. ANNE NOVENA

Day 1 In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Great Saint Anne, engrave indelibly on my heart and in my mind the words that have reclaimed and sanctified so many sinners: "What shall it profit a man to gain the whole world if he lose his own soul?" May this be the principal fruit of these prayers by which I will strive to honor you during this novena. At your feet, renew my resolution to invoke you daily, not only for the success of my temporal affairs and to be preserved from sickness and suffering, but above all, that I may be preserved from all sin, that I may gain eternal salvation and that I will receive the special grace of...(State your intention here.) O most powerful Saint Anne, do not let me lose my soul, but obtain for me the grace of heaven, there with you, your blessed spouse, and your glorious daughter, to sing the praise of the Most Holy and Adorable Trinity forever and ever. Amen. Pray for us, Saint Anne! That we may be made worthy of the promises of Christ. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 2 In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Glorious Saint Anne, how can you be anything other than overflowing with tenderness toward sinners like me, since you are the grandmother of Him who shed His blood for us, and the mother of her whom the saints call advocate of sinners? To you, therefore, I address my prayers with confidence. Vouchsafe to commend me to Jesus and Mary so that, at your request, I may be granted remission of my sins, perseverance, the love of God, charity for all mankind, and the special grace of...(State your intention here.)...for which I stand in need at the present time. O most powerful protectress, let me not lose my soul, but pray for me that through the merits of Jesus Christ and the intercession of Mary, I may have the great happiness of seeing them, of loving and praising them with you through all eternity. Amen. Pray for us, Saint Anne! That we

may be made worthy of the promises of Christ. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 3 In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Beloved of Jesus, Mary and Joseph, mother of the Queen of Heaven, take us and all who are dear to us under your special care. Obtain for us the virtues you instilled in the heart of her who was destined to become Mother of God, and the graces with which you were endowed. O model of Christian womanhood, pray that we may imitate your example in our homes and families. Please listen to our petitions, (State your intention here.) Guardian of the infancy and childhood of the most Blessed Virgin Mary, obtain the graces necessary for all who enter the marriage state, that by imitating your virtues, they may sanctify their homes and lead the souls entrusted to their care to eternal glory. Amen. Pray for us, Saint Anne! That we may be made worthy of the promises of Christ. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 4 In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Glorious Saint Anne, I kneel in confidence at your feet, for you also have tasted the bitterness and sorrow of life. My need, the cause of my request, is... (State your intention here.) Good Saint Anne, you who did suffer much during the twenty years that preceded your glorious maternity, I beseech you, by all your sufferings and humiliations, to grant my prayer. I pray to you, through your love for your glorious spouse Saint Joachim, through your love for your immaculate child, through the joy you felt at the moment of her happy birth, not to refuse me. Bless me, bless my family and all who are dear to me, so that someday, we may all be with you in the glory of heaven, for all eternity. Amen. Pray for us, Saint Anne! That we may be made worthy of the promises of Christ. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 5 In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Great Saint Anne, how far I am from resembling you. I so easily give way to impatience and discouragement; and so easily give up praying when God does not at once answer my request. Prayer is the

key to all heavenly treasures and I cannot pray, because my weak faith and lack of confidence fail me at the slightest delay. O my powerful protectress, come to my aid, listen to my petition... (State your intention here.) Make my confidence and fervor, supported by the promise of Jesus Christ, increase as the trial to which God, in His goodness, subjects me is prolonged, that I may obtain, like you, more than I can venture to ask for. In the future I will remember that I am made for heaven and not for earth; for eternity and not for time; that consequently I must ask, above all, for the salvation of my soul. Amen. Pray for us, Saint Anne! That we may be made worthy of the promises of Christ. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 6 In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Glorious Saint Anne, mother of the Mother of God, I beg for your powerful intercession for the freedom from my sins and the assistance I need in my troubles... (State your intention here.) What can I not hope for if you deign to take me under your protection? The Most High has been pleased to grant the prayers of sinners, whenever you have been charitable enough to be their advocate. Therefore, I beg you to help me in all spiritual and temporal dangers; to guide me in the true path of Christian perfection, and finally to obtain for me the grace of a happy death, so that I may contemplate your beloved Jesus and daughter, Mary, in your loving companionship throughout all eternity. Amen. Pray for us, Saint Anne! That we may be made worthy of the promises of Christ. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 7 In the name of the Father, and of the Son, and of the Holy Spirit. Amen. O Good Saint Anne, so justly called the mother of the infirm, the cure for those who suffer from disease, look kindly upon the sick for whom I pray. Alleviate their sufferings; cause them to sanctify their sufferings by patience and complete submission to the Divine Will; finally, deign to obtain health for them and with it, the firm resolution to honor Jesus, Mary, and yourself by the faithful performance of duties. But, merciful Saint Anne, I ask you above all for the salvation of

my soul, rather than bodily health, for I am convinced that this fleeting life is given to us solely to assure us a better one. I cannot obtain that better life without the help of God's graces. I earnestly beg for them from you for the sick and for myself, and especially for the petition for which I am making in this novena... (State your intention here.)...through the merits of our Lord Jesus Christ, through the intercession of His Immaculate Mother, and through your efficacious and powerful mediation, I pray. Amen. Pray for us, Saint Anne! That we may be made worthy of the promises of Christ. Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 8 In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Remember, O Saint Anne, you whose name signifies grace and mercy, that never was it known that anyone who fled to your protection, implored your help, and sought your intercession was left unaided. Inspired with this confidence, I fly unto you, good, and kind mother; I take refuge at your feet, burdened with the weight of my sins. O holy mother of the Immaculate Virgin Mary, despise not my petition... (State your intention here.)...but hear me and grant my prayer. Amen. Pray for us, Saint Anne! That we may be made worthy of the promises of Christ. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day 9 In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Most holy mother of the Virgin Mary, glorious Saint Anne, I, a miserable sinner, confiding in your kindness, choose you today as my special advocate. I offer all my interests to your care and maternal solicitude. O my very good mother and advocate, deign to accept me and to adopt me as your child. O glorious Saint Anne, I beg you, by the passion of my most loving Jesus, the Son of Mary, your most holy daughter, to assist me in all the necessities both of my body and my soul. Venerable Mother, I beg you to obtain for me the favor I seek in this novena... (State your intention here.)...and the grace of leading a life perfectly conformed to all things of the Divine Will. I place my soul in your hands and in those of your kind daughter. I ask for your favor in order that, appearing under your patronage before the Supreme Judge,

He may find me worthy of enjoying His Divine Presence in your holy companionship in Heaven. Amen. Pray for us, Saint Anne & Saint Joachim, that we may be made worthy of the promises of Christ. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.